**Botox® Post Procedure Instructions**

* Do not massage the treated area for 4 hours.
* Do not lay flat or engage in strenuous exercise for at least 4 hours.
* Apply ice to any swelling or bruising that may occur.
* You may apply makeup immediately following the treatment.
* Keep clean and avoid direct sun, pools, and direct water pressure.

\*\*If you have any questions or concerns, please call our office **419-893-2775**.\*\*